|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Median minutes of recreation-related physical activity on average per day** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | Median minutes | Inter-quartile range | n | Median minutes | Inter-quartile range | n | Median minutes | Inter-quartile range |
| 18-29 | 525 | 0.0 | 0.0 - 34.3 | 927 | 0.0 | 0.0 - 0.0 | 1452 | 0.0 | 0.0 - 8.6 |
| 30-44 | 554 | 0.0 | 0.0 - 0.0 | 1005 | 0.0 | 0.0 - 0.0 | 1559 | 0.0 | 0.0 - 0.0 |
| 45-59 | 246 | 0.0 | 0.0 - 0.0 | 419 | 0.0 | 0.0 - 0.0 | 665 | 0.0 | 0.0 - 0.0 |
| 45-69 | 227 | 0.0 | 0.0 - 0.0 | 407 | 0.0 | 0.0 - 0.0 | 634 | 0.0 | 0.0 - 0.0 |
| 60-69 | 103 | 0.0 | 0.0 - 0.0 | 239 | 0.0 | 0.0 - 0.0 | 342 | 0.0 | 0.0 - 0.0 |
| **Total** | **1655** | **0.0** | **0.0 - 17.1** | **2997** | **0.0** | **0.0 - 0.0** | **4652** | **0.0** | **0.0 - 0.0** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 906 | 0.0 | 0.0 - 22.9 | 1698 | 0.0 | 0.0 - 0.0 | 2604 | 0.0 | 0.0 - 0.0 |
| Urban | 749 | 0.0 | 0.0 - 12.9 | 1299 | 0.0 | 0.0 - 0.0 | 2048 | 0.0 | 0.0 - 0.0 |